

# Dār-ul-Eḥsān

## Epistles

Volume 3 Issue 6 *Jamadi Al Thani*  
1431 AH - 16 May 2010 CE

This month's focus on:

*Panch Banā-i-Tariqat-ul-Islam* (Five Fundamentals of Islamic Mysticism)

### Virtues of *Jamadi Al-Thani*

In the book *Fad'il ash-Shahūr* Ḥaḍrat Akhtab bin Hisan رَضِيَ اللَّهُ عَنْهُ has narrated: "Ḥaḍrat Abū Bakr Siddique رَضِيَ اللَّهُ عَنْهُ used to perform twelve *raka'ats* of *nawafil* prayer on the first night of this month. There has been no specific *Surāh(s)* of the Holy Qur'an recited during this prayer. Most of the Companions, may Allāh the Almighty be pleased them, are united on this."

The same book has it that the Companions, may Allāh the Almighty be pleased them, used to fast during the last ten days of *Jamadi Al-Thani* in order to welcome the ensuing month of *Rajab al-Murajab* and perform twenty *raka'ats* of *nawafil* prayer during each of these nights.

If one performs on the first night of this month four *raka'ats* of *nawafil* prayer reciting *Surāh Al-Ikhlās* thirteen times in each *raka'at*, one hundred thousand good deeds are written down and the same number of evils written off his deed sheet.

***Salāt Al-Liyali As-Sabā'* (My Prayers for Seven Nights of the Week) - continued:**

### Wednesday Night

*Nawafil: 2 Raka'ats*

The Holy Prophet رَضِيَ اللَّهُ عَنْهُ said: "He who performs two *raka'ats* of *nawafil* prayer on the night of Wednesday, reciting in the first *Surah al-Fatiha* once followed by *Surāh al-Falaq* ten times and in the second *Surah al-Fatiha* once followed by *Surah an-Nās* ten times will have seventy thousand angels descending from each sky and writing virtues for him until the Day of Judgement." – (*Gunyat al-Talibin*, P573, Published by Siddiqui Press, Lahore, 1323 AH/Tartib Sharif, P175)

### Thursday Night

*Nawafil: 2 Raka'ats*

Ḥaḍrat Abū Salah رَضِيَ اللَّهُ عَنْهُ has on the authority of Ḥaḍrat Abū Hurairah رَضِيَ اللَّهُ عَنْهُ reported the Holy Prophet رَضِيَ اللَّهُ عَنْهُ saying: "He who on Thursday night between the hours of *Maghrib* and '*Isha*' prayers performs two *raka'ats* of *nawafil* prayer reciting in each *raka'at* after *Surah Fatiha* once *Surahs al-Ikhlās*, *al-Falaq* and *an-Nās* each five times followed by the finishing off the prayer and recitation of *istaghfar* fifteen times and transmission of the recompense to his/her parents for their forgiveness would be regarded to have discharged his duty even though he would have been disobedient to them, and himself granted the reward

as one of the truthful and martyrs." – (*ibid*, P574/*ibid*, P176)

### Friday Night

*Nawafil: 12 Raka'ats*

Ḥaḍrat Jabir bin 'Abdullah رَضِيَ اللَّهُ عَنْهُ has narrated the Holy Messenger رَضِيَ اللَّهُ عَنْهُ saying: "He who performs twelve *raka'ats* of *nawafil* prayer during the hours of *maghrib* and '*Isha* prayers on Friday night reciting in each *raka'at* *Surāh Fatiha* followed by *Surāh al-Ikhlās* ten times will be considered having worshipped Allāh the Almighty, the Exalted the Majestic, twelve years, fasting during the day and standing in prayers at night." – (*ibid*)

**The Words of Wisdom Vol.10 by Ḥaḍrat Abū Anees Muḥammad Barkat Ali** قدس سره العزیز *continued-*

7762. EVERY dweller of the world is busy in one or another worldly errand. And for this job alone does he seems to be worrying.

He who has no job does not worry.

Tell, who is he?

*Yā-Ḥayyu yā-Qayyūm!*

7763. ... *SUBHAN AL-'AZIZ dhil-intiqam* (Glory be to Allāh Who is the Most Powerful Revenger!) O the King of kings, the Lord, the Greatest Gracious! You alone know Your doings! You are the Greatest Forgiver, the Best Helper. How come You would take revenge of us the down-trodden!

*Yā-Ḥayyu yā-Qayyūm!*

7764. *INCANT Allāh Allāh!* Do not ask for love.

Who can bear the brunt of love? Love devastates everything, renders helpless, makes uncomfortable, leaving one of no use at all except for Himself. And He dyes in His own hues, overriding every other colour.

Opposition can never be ignored, not at all! Until it is given up the struggle continues!

*Yā-Ḥayyu yā-Qayyūm!*

7765. *DISTRIBUTION* of sovereignty of the King of the kings is, indeed, strange. He keeps it to Himself, but does not give.

*Yā-Ḥayyu yā-Qayyūm!*

7766. *WHEN* the diamonds are thrown out from the bottom of the sea by Khawaja, the living Pir Khidar رَضِيَ اللَّهُ عَنْهُ, over to the shore, they are mixed and lost in mud as sharp small stones.

*Yā-Ḥayyu yā-Qayyūm!*

7767. *THERE* must be one. The world is ever so strange and novel. But I have not seen one. However, I have certainly the wish to see one young man who is free from jealousy.

*Yā-Ḥayyu yā-Qayyūm!*

7768. *THE* farmer is the greatest benefactor to the creation. He produces all sorts of food and feeds the whole world. All the jobs are discharged because of food, indeed.

In olden times the people used to call the king the giver of food. And the farmer produces the food, yet he is the poorest partner in the world of business.

*Yā-Ḥayyu yā-Qayyūm!*

### Forthcoming Events:

- 21 May 10 Death Annaiversary of Ḥaḍrat Mawlana Jalāl-ud-Dīn Rumi رَضِيَ اللَّهُ عَنْهُ, Konia, Turkey.
- 04 June 10 Death Anniversary of Sahibzada Mian Muhammad Anwar رَضِيَ اللَّهُ عَنْهُ, Dār-ul-Eḥsān.
- 10 June 10 Death Anniversary of Ḥaḍrat Mian Nigahi Bakhsh رَضِيَ اللَّهُ عَنْهُ, Barhami, District Ludhiana, India.

**Dār-ul-Eḥsān Epistles ...**

**Focus on: Focus on: Panch Banà-i-Tariqat al-Islam (Five Fundamentals of Islamic Mysticism)**

by Ḥaḍrat Abū Anees Muḥammad Barkat ‘Ali

قدس سره العزیز، Dār-ul-Eḥsān Publications, Serial No. 26, pp 8, 23 Dhiqa’id an-Najib 1387 AH, Faisalabad: Full Text

They are 1. Dhīkr (Recollection of Allāh the Almighty); 2. Fikr (Thought); 3. Muraqabah (Vigil); 4. Musha’idah (Contemplation); and 5. Faid (Reward).

عَنْ عَبْدِ اللَّهِ بْنِ الشَّخِيرِ أَنَّهُ قَالَ أَتَيْتُ  
السَّيِّدَ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ وَهُوَ يُقِرُّ أُمَّ الْهَلْمِ  
الْتَّكَاتُرُ قَالَ يَقُولُ ابْنُ آدَمَ مَا لِي مَا لِي وَهَلْ  
لَكَ يَا بَنَ آدَمَ مِنْ مَالِكَ إِلَّا مَا أَكَلْتَ فَأَنْفَيْتَ  
وَمَا لَيْسَتْ فَأَبْلَيْتَ وَتَهَدَّيْتَ فَأَمْضَيْتَ  
(رَوَاهُ مُسَيَّمٌ: رياض الصالحين، صفحه ٢٤١)

(Ḥaḍrat ‘Abdullah bin ash-Shekhir رَضِيَ اللهُ عَنْهُ has narrated that he came to the audience of the Holy Messenger صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ who was reciting the Surāh at-Tukathir, and said: “O the son of Adam! You call this wealth as yours; (repeat) you call this wealth as yours! Your wealth, in fact, is only that what you have consumed for living; your wealth is only that you have worn out; and your wealth is only that what you have given away in charity and saved for the afterlife.”

Our objective is Allāh the Almighty; Our leader for knowledge, corporeal and teresdtreal, is the Holy Messenger صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ; Our Path is Shari’at; Our ride is fondness; Our weapon is knowledge; .Our shield is as-Sabūr (patience); The root of our Dīn is the munificent heart; Our wealth is but the good deeds; Our dress is Taqwah (Fear of Allāh the Almighty); Our turban of authority is respect; Our food is dhīkr and fikr; Our pride is faqr; Our job is Da’wah-o-Tabligh al-Islam; Our retaliation is love; Our capital is ma’rafah (spiritual knowledge); Our treasuries are but Tawakkal (fear and piety); The coolness of our eyes is the prayer and our morality an index of our persons; and Kraman al-Katibin are two of our trusted companions and witnesses.

The Almighty Allāh’s Commandment:  
Closer and closer to mankind  
Comes their reckoning; yet they  
Heed not and they turn away.  
-(Al-Anbiya 21:1)

- Time is the true Muslim’s invaluable asset.
- This time is most precious, do not waste it.
- Remain occupied in one or another useful activity.

Ask your conscience! What should I be doing now? Am I doing the job this time that I ought to be? Is this of my time not to be wasted? Is it much better to do a job rather than talking idle?

‘Ḥaḍrat Amran bin Hasin رَضِيَ اللهُ عَنْهُ has narrated the Holy Prophet صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ saying: “A man’s silence (and remaining steadfast at it) is better than sixty years worship.” - (Behaiqui)

Ḥaḍrat Anas رَضِيَ اللهُ عَنْهُ has narrated the Holy Prophet صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ saying: “O Abū Dharr! I shall tell you two such things as are very easy and light, but are very heavy of deeds in the scales”

Abu Dharr رَضِيَ اللهُ عَنْهُ said: “Please do tell!”

The Holy Prophet صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ said: “They are the long silence and pleasant disposition. I swear by the Dhāt Who has my soul in His Power, there is nothing wiser for the creature than these two character-traits.” – (Mishkat Sharif (tr.) V2, P484, No.4651 – Behaiqui)

Wā ma alaynā ill-al-balāgh! Yā-Hayyu yā-Qayyūm!

- Dār-ul-Eḥsān UK

**The Words of Wisdom Vol.10 by Ḥaḍrat Abū Anees Muḥammad Barkat Ali** قدس سره العزیز continued-

7769. WHEN a servant makes up his mind to set out in the path of Allāh the Almighty, by Allāh the Almighty, the Almighty Allāh’s mercy prevails upon him, the support and blessing accompanying him all along.

The life was down spirited. Hearing this, it smiled.

Yā-Hayyu yā-Qayyūm!

7770. CIRCUMSTANCES are subject to the commandment. Hearing the command:

بِسْمِ اللَّهِ الَّذِي لَا يَضُرُّ مَعَ اسْمِهِ  
شَيْءٌ فِي الْأَرْضِ وَلَا فِي السَّمَاءِ  
وَهُوَ السَّمِيعُ الْعَلِيمُ ط

(In the Name of Allāh! Nothing, in the Earth or Sky, can harm in the face of the blessing of His Name. He is the Listener and the Knower!) – (Tirmidhi). Hearing this, anything damaging becomes subservient. Wā ma alaynā il-al-balāgh! (Our duty is to convey!)

Yā-Hayyu yā-Qayyūm!

7771. OBJECTION at bestowal amounts to jealousy.

Yā-Hayyu yā-Qayyūm!

7772. DO not turn away any of your mendicant to anyone else!

Yā-Hayyu yā-Qayyūm!

7773. WE see, but nothing is visible!

We hear, but nothing is audible!

Yā-Hayyu yā-Qayyūm!

7774. O THE PRIDE-INSPIRING!

The Pride-Inspiring does not allow anybody’s pride to remain; denigrates him.

And humility rules! Mā shā Allāh!

Yā-Hayyu yā-Qayyūm!

7775. REHMAN (the Merciful) shall win!

Sh’aitan (Satan) shall run!

Yā-Hayyu yā-Qayyūm!

7776. THE treasure, the lock and the key are all inseparable from one another.

The largest treasure of the world is one’s own heart.

Yā-Hayyu yā-Qayyūm!

7777. DO not put love to a trial. Begging does not behove love. Do not do it. Meet smilingly, don’t say a thing!

Yā-Hayyu yā-Qayyūm!

7778. EVERYTHING is dependent on Faith. The greater the Faith, the greater is the bestowal.

Ḥaḍrat Ibrahim عَلَيْهِ السَّلَام had the most superior Faith; the fire turned into flowers. Present your Faith. For you your own Faith alone is beneficial. And Allāh the Almighty measures up one’s strength of belief in his Faith.

Yā-Hayyu yā-Qayyūm!

7779. FORMULAS:

Follow the commandment!  
Do not even utter the words forbidden!  
Establish and continue with *dhikrullah*! Do not ever forget

it!

All the stages of *Nasūt* (Nothingness), *Malakūt* (Royalty), *Jabarūt* (Sovereignty) and *La-Hūt* (All-Pervading Allāh) are subservient to these three.

*Yā-Hayyu yā-Qayyūm!*

7780. NOT everyone is discharging the job of preaching and teaching properly, thus it disappearing gradually and becoming the rationale for failure.

The speech must be simple, commonly understood and comprising the commandments, the forbidden and *dhikrullah*. Remembrance of anyone keeps the heart alive and established, warm and throbbing, never letting one become heedless even for a moment.

*Yā-Hayyu yā-Qayyūm!*

7781. REMEMBRANCE is alive by remembrance.

The witness is impersonation of the evident.

*Yā-Hayyu yā-Qayyūm!*

7782. HE who has no job is the companion of the shopkeeper. And this is the worst occupation of life.

*Yā-Hayyu yā-Qayyūm!*

7783

الْمُؤْمِنَاتِ أَسْأَلُكَ الْمَغْفِرَةَ وَالْعَافِيَةَ  
فِي الدُّنْيَا وَالْآخِرَةِ  
يَا حَيُّ يَا قَيُّوْمُ آمِيْن

*ALLĀHUMMA inni as'āluka al-'af'w wal-'afiyata fid-din wal-dunya wal-ākhirat!* (O Allāh the Almighty! I beseech You for forgiveness and peace (or blessing) in the Faith, the world and the Hereafter!)

Blessing wipes out revenge.

*Yā-Hayyu yā-Qayyūm!*

7784. THE numerous experiments have proved that purity of both the hidden and the apparent alone brings about the establishment of practice of the *Holy Qur'ān*.

*Yā-Hayyu yā-Qayyūm!*

7785. ... *HAZIRAT AL-QUDS* is ever operational, continuous and established. Only the attendees change. This remains in session as always.

Are you aware that the time changes every minute; there is morning somewhere and evening at others.

*Yā-Hayyu yā-Qayyūm!*

7786. ATTENDANCE of anyone cannot be ignored; it benefits somewhat if not a lot, never returning empty handed.

*Yā-Hayyu yā-Qayyūm!*

7787. THE energy comes with power, not through punishment.

*Yā-Hayyu yā-Qayyūm!*

7788. ... *KASHF AR-RUH* (Vigil or Knowledge of the Spirit) is truth, truth and truth!

The other knowledge is but the mirage and deception of the self and the Satan.

*Yā-Hayyu yā-Qayyūm!*

7789. YOU are building what I am wiping out!

What kind of affiliation is this?

*Yā-Hayyu yā-Qayyūm!*

7790. HAD You not to create, why did You, after all?

*Yā-Hayyu yā-Qayyūm!*

7791. NOTHING of the Universe could at all bedevil you.

If this is not the bestowal, what else is it?

If this is not the grace, what else is it?

*Yā-Hayyu yā-Qayyūm!*

7792. THE relics of different huse and modes were not taken to heart. However, when we saw in imagination (his ﷺ) footprint, we were plundered of senses, completely incensed, indeed!

*Yā-Hayyu yā-Qayyūm!*

7793. ABSORPTION at the engagement is epistemologically termed as pleasure.

*Yā-Hayyu yā-Qayyūm!*

7794. THE absorption of the engagement of the inventor in his innovation carries the eternal pleasure, never wearing off, of course!

*Yā-Hayyu yā-Qayyūm!*

7795. THE reward follows the punishment; it is a routine practice of the Nature's Wisdom.

*Yā-Hayyu yā-Qayyūm!*

7796. THERE is no retrogression of a practice; rather it reaches higher still every moment.

*Yā-Hayyu yā-Qayyūm!*

7797. THE pious is not the sinner's friend, nor is the rich the poor's friend.

The sinner is the sinner's friend and the poor the poor's.

*Yā-Hayyu yā-Qayyūm!*

7798. WHEN a servant sets out in the sacred presence of Allāh, the Lord of the Worlds, the Majestic the Honoured, in His path with the firm intention – listen carefully – every living creature of the Earth and the Sky, fiery or terrestrial, earthly or aquatic, carnivorous or grazer, reptile or the birds, all pray for him and honour it.

By God! We are out setting in the path of Allāh the Almighty caring not at all for anything except Him and with the promise and vow that we have not to return to this world in life.

*Yā-Hayyu yā-Qayyūm!*

7799. WHEN a servant lands in the field of action having impounded the evils, epidemics, disasters, and accidents, he does not take to heart anything of the Universe except Him. Anything that comes in his way, Allāh the Almighty Who is the Most Powerful of the powerful wipes it out, burns it to ashes and throws away in the air, leaving no signs of it at all. This is, indeed, the characteristic of the honour, the excellence, the royalty and sovereignty of Allāh the Almighty.

*Yā-Hayyu yā-Qayyūm!*

7800. WHEN death is destined and approaches to do its job, the renaissance of *Sunnāh* and *Tariqat* prevents, saying: "This message is as yet incomplete and the example imperfect. It, therefore, cannot be that the example that is the trust of Allāh the Almighty is not delivered in *toto* and in sum."

Destiny can never at all prevent the example of the message, hence parries it (the death) off.

The example of this message is the honour and excellence of *Tariqat* and the soul of the commanding Royalty.

*Yā-Hayyu yā-Qayyūm!*

7801. WHEN self disobeys Allāh the Almighty, the Satan and the Whispering Self are imposed on to it.

The self, the Satan and the whispering self are not headstrong, rather are subject to the Divine command. Without His intention, by God, they have no power to do anything at all.

*Yā-Hayyu yā-Qayyūm!*

7802. I am the sinner, the bad doer, the evil monger and mistake maker! Whatever I am, I am Yours and only. I belong to

no one at all except You.

When Nature is satisfied that he is His and he belongs to no one except, it pacifies him.

*Yā-Hayyu yā-Qayyūm!*

7803. ONLY Allāh the Almighty can remain in His audience, none except Him.

Anything that is disliked by Allāh the Almighty is except Allāh the Almighty.

*Yā-Hayyu yā-Qayyūm!*

7804. THE wealth that is due is virtuous, the undue tortuous.

*Yā-Hayyu yā-Qayyūm!*

7805. YOUR creatures have accepted Your Beloved ﷺ. Send on to them Your and Your Beloved's (ﷺ) mercy!

*Yā-Hayyu yā-Qayyūm!*

7806. THESE creatures have been driven from door to door. For thousands of years no body has honoured them.

*Mannu Samurti* had choked the neck of humanity, compelled these unfortunate to lead the life of animals.

Now on, they are the members of the *Ummah* of my master ﷺ. They deserve all the love anyone would pour on to them. Your love will, indeed, win their devastated hearts.

*Yā-Hayyu yā-Qayyūm!*

7807. THE eternal reward of the rewards of ... *Wa hūwa hayyūna la yamūto beyad il-khayr!* (He is alive and immortal. In His hand is all good!) is *shahadat* (martyrdom). And martyrdom is the sum total of all virtues.

اللَّهُمَّ ارزُقْنِي شَهَادَةً فِي سَبِيلِكَ  
وَاجْعَلْ مَوْتِي سَبِيلًا وَسُؤْلًا ط

*Allāhummar zurqni shahadatan fi sabilika waj' al moti bebaldi rasūlika!* (O Allāh the Almighty! I beseech You for my death in the path and in the country of Your Messenger ﷺ!)

### Supplication

رَبَّنَا تَقَبَّلْنَا أَنَا نَتَبَّحُ السَّبْحَ الْعَلِيمَ  
سُبْحَانَكَ يَا رَبَّ الْعَالَمِينَ  
وَسَلَامٌ عَلَى الْمُرْسَلِينَ وَالْحَمْدُ لِلَّهِ الْعَلِيِّ  
آمِينَ

(*Al-Hamdū-lil-Hayy-il-Qayyūm* - translation of *Maqālāt-e-Hikmat* Volume 10 has been completed on 16 April 2010 CE)

**Forthcoming Dār-ul-Eḥsān Publications by Ḥaḍrat Abū Anees Muḥammad Barkat 'Ali** قدس سره العزیز :

*Maqālāt-e-Hikmat* (The Words of Wisdom); reprints of Volumes 1 & 2.

*Talim Al-Din* (Teachings of Islam) – second impression.

Tragedy of Karbala & Martyrdom of Imam Hussain رضي الله عنه - second impression.

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*Asma' Al-Nabi Al-Karim* ﷺ (The Bounteous Names of the Holy Prophet ﷺ) Volumes 4 & 5.

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**Title:** The Holy Messenger ﷺ - Mercy to the Creations

**Extent:** pp352

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**NB:** Please look for further details of the contents of this *Sira* with a difference and a Foreword by the Shaikh ash-Shuyukh Ḥaḍrat Abū Anees Muḥammad Barkat 'Ali قدس سره العزیز in the future editions of this newsletter.



Dār-ul-Eḥsān Publications  
Al-Barkat House  
Almondbury  
Huddersfield HD5 8LY  
Tel (01484) 309852  
e-mail drmuhammadiqbal@live.com  
Web [www.darulehsanpublications.com](http://www.darulehsanpublications.com)